



*Available to you and your
eligible family members*

Your Total Wellbeing Program

Your free, **CONFIDENTIAL**, 24/7 Total Wellbeing EAP benefit includes:

- Immediate connection to a Mental Health Professional
- Counseling referrals
- Virtual Concierge services featuring Personal Assistants available to conduct research, coordinate events, or provide referrals
- Financial and legal consultations
- Child/Eldercare resources
- Individualized wellness resources including Wellness Coaching
- Health Advocacy resources including claims and appeals management, healthcare billing assistance, prescription information and provider research
- Online access to work/life, wellness, and health advocacy resources, via a personalized web portal

1.800.327.2255

www.nexgeneap.com

Mobile App: NexGenEAP

